Sedative/Hypnotics: Sedative/hypnotics are medications for induction and maintenance sleep in people with insomnia. Sedative/hypnotics induce sedation by depressing the central nervous system (CNS), in particular, the sensory cortex of the brain, which is responsible for processing the sensory inputs from the body, such as touch, pain and temperature.

How Are Sedative/Hypnotics Used?

1. Treatment of insomnia, to induce and maintain sleep
2. Treatment of occasional sleeplessness caused by mild-to-moderate pain
3. Relief from anxiety
4. Pre-procedure sedation
5. Barbiturate coma (medically induced coma)

What Are Side Effects Of Sedative/Hypnotics?

Somnolence (drowsiness) / Headache / Asthenia (weakness) / Neuromuscular and skeletal weakness / Ataxia (impaired coordination, balance and speech)

CNS stimulants: CNS stimulants (CNS stands for central nervous system) are medicines that stimulate the brain, speeding up both mental and physical processes.

CNS stimulants may be useful for the treatment of certain conditions characterized by symptoms such as prolonged fatigue, inability to concentrate, or excessive sleepiness. CNS stimulants may also be used to help with weight loss in people who are morbidly obese.

CNS Stimulants Side Effects: Dizziness / Facial tics / Headaches / Inability to sleep / Increased blood pressure / Increased rate of breathing / Irritability / Feelings of depression / Increased anxiety

Analgesics: Analgesics may be taken to relieve pain that arises from a wide range of conditions, such as: appendicitis / cancer / congenital conditions such as curvature of the spine / fibromyalgia / gallbladder disease / gastrointestinal disorders / headaches / improper lifting.

Side Effects Of Analgesics: bloating, diarrhea, constipation, nausea or vomiting.